

## Use of the Spiritual Practice with Violet Fire

Question by readers of the UNIFICATION website and its Answer given by the Father One on 16 October 2024

**Question:** Dear Father One, what is the best way from Your point of view to do the Spiritual Practice with Violet Fire – only when the moon is waning or it could be done every day?

**Answer:** A very good question.

The effect of the Spiritual Practice with Violet Fire is much greater when it is done in the days of the waning moon and on the 23rd day of every month as then the negative karma as well as the harmful programmes, encodings and blockages, harmful habits, persistent negative states of consciousness and the harmful fruit and consequences of all them are transmuted into Light with greater ease and in greater amount and fullness.

The effect is even greater when the 23rd day of the month happens to be during a waning moon and also when the Spiritual Practice with Violet Fire is done in the days around the equinoxes in March and September and around the solstices in June and December during a waning moon.

And the effect is the greatest when the Spiritual Practice with Violet Fire is done on the 23rd day of the months March, June, September, and December, i.e. during the equinoxes and solstices, and the moon is waning then, and even more if the 23rd day happens to be in the first week, even better during the first 3 days of the waning moon.

The Spiritual Practice with Violet Fire, however, could be done always, every day, including in the days of growing moon, when the person feels well when they do it, as even though the effect is weaker, it is always Good-fruitful!

Doing the Spiritual Practice with Violet Fire every day, even a few times a day, including in the days of growing moon, together with the Spiritual Practice

‘Forgiveness with your Fellow Man’ and Spiritual Practice ‘Repentance, Forgiveness and Gratitude in 7 Steps to Transform Negative Karma into Light’ is especially highly recommended, and even necessary, when a person urgently needs additional Help and Support from Above, or when a person is in general more karmically burdened.

And the most important is that you remember that the effect from the Spiritual Practice with Violet Fire as well as from doing any other Spiritual Practice is determined

- in the first place, by the Power of Faith that the doer has for Me – the Father One,
- by the person’s inner tune and degree of Spiritual elevation, and
- by the degree of their concentration at the time of doing the practice.

And all the other factors additionally support and increase the effect of the person’s Spiritual work at a given time.

The Father One

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