

## **Spiritual practice "Help for the planet Earth"**

The planet Earth needs help and support.  
Every Living man, who is in God, can give to it  
by sending his Gratitude and Divine Love.

Every Living man can help,  
by saying with all his heart and soul the following Words  
and then putting them into action in his life:

"I wish, and I can change!

I ..... (the first name) demand, sincerely wish and ask  
for help from Above from now on

- to allow within me and emanate only thoughts and feelings that give good fruit in the Light network of the planet Earth,
- to do the right from the God's and Lord's perspective deeds,
- to speak positive and truthful words,
- to ask for forgiveness, to forgive others, to ask the Lord to forgive as well and to thank Him."

Forgive us, dear Mother Earth, the suffering caused!  
Forgive us, Lord, and help us to be sinless!  
I ..... (the first name) repent with all my heart and soul  
for all my sins against the Mother Earth,  
and I demand, sincerely wish and ask for forgiveness now  
and thank for the forgiveness and the help!  
Thank you! Thank you! Thank you!  
I Thank for the Grace, the care and Love!

Thank You, dear Mother Earth,  
for everything you have done, and you do for the Living Life!  
Thank You that you exist and you are such a wonderful home for all Living Beings!  
Residing in the highest feeling of Divine Love  
towards the God, the Lord Alpha and the Father One,  
I extend this feeling also to You, dear Mother Earth!

### **I love You, Earth!**

Dear Mother Earth, I ..... (the first name) am sending You  
my Gratitude and Divine Love.  
I Bow before You, dear Mother Earth!  
I Thank You for everything here and now  
and I Love you with all my heart and soul! \*

I ..... (the first name) am sending now  
my Gratitude and Divine Love towards You, Lord Alpha!  
Thank You for Your Love and help  
for Mother Earth and to all Living Beings  
that inhabit the planet on all the plans of the Existence  
Thank you! Thank you! Thank you!  
I Bow before You, Father Alpha, dear Heavenly Father!  
I Thank You for everything here and now  
and I Love you with all my heart and soul! \*

I ..... (the first name) am sending now  
my Gratitude and Divine Love towards Presence of the One.  
Thank You, dear Father One –  
Lord God Author and Creator of the Heavens  
for Your help for the Mother Earth and all Living beings on it –

to evolve here, now and in all future times.  
Thank You! Thank You! Thank You!  
I Bow before You, dear Father One!  
I Thank You for everything here and now  
and I Love you with all my heart and soul! \*

May all be according to Your Holy Will, Lord!  
AMEN TAKKA DA BUDDEH OM

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\* Note from Rositsa Avela: It would be good to stop the reading at this point for a while, for as long as you feel it is right, and direct all the Divine Love that you are able to emanate at that moment respectively to our planet Earth; to Lord Alpha and to the Father One.

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