

Prayers

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In the Name of the Father-Mother, the Son and the Holy Spirit.
AMEN TAKKA DA BUDDEH OM

Creed

I **Believe** in the One Lord God Originator and Creator of the Heavens and the Earth, present within all Life.

I **Believe** in the Righteousness of His Law
and Humbly submit myself to the Wisdom of His Law.

I **Believe** in the Kingdom of God manifested on the Earth as in the Heavens.

I **Believe** in the Oneness of God – the Father-Mother, the Son and the Holy Spirit.

I **Believe** in the Oneness of the Living Life – of all Beings of Light both in the Heavens and on the Earth.

And may all be according to Your Holy Will, Lord!

AMEN TAKKA DA BUDDEH OM

Thank You, Lord, for this prayer and for the help!

Thank You, Lord, for my ever greater and stronger Faith!

Thank You! Thank You! Thank You!

The Lord's prayer

Our Father in Heavens,
hallowed be Your name.

Your Kingdom come,

Your Will be done, on the Earth as in the Heavens.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us into temptation,

but release us from everything illusory.

For the Kingdom, the Power, and the Glory are Yours for ever.

And may all be according to Your Holy Will, Lord!

AMEN TAKKA DA BUDDEH OM

Thank You, dear Heavenly Father, for everything from all my heart and soul!

Thank You, Beloved Jesus,
for this prayer and for the help!
Thank You! Thank You! Thank You!

Explanation to the prayer

Holiest Mother of God, Rejoice

Holiest Mother of God, Rejoice,
Holiest Mother, full of Grace, the Lord is with You,
Blessed You are among women,
and Blessed is the fruit of Your womb,
for thou has borne the Saviour of our souls.
(3 times the top part)

Glory to the Father-Mother, the Son and the Holy Spirit,
and glory to the Holiest Mother of God,
now, forever and ever.
AMEN TAKKA DA BUDDHEH OM

**Morning Prayer
Prayer of the last elders of Optina**

Lord, grant tranquillity to my soul
to meet all that this coming day brings to me.
Grant that I may fully surrender myself to Your Holy Will.
In every hour of this day, teach me and support me!

Whatever news may reach me during the day,
teach me to accept it with a calm soul,
and with the firm conviction that all is subject to Your Holy Will.

Guide my thoughts and feelings in all my words and deeds.
In all emergencies, help me to remember
that everything is sent by You.

Teach me to act wisely with every member of my Family*,
by helping them to be in Divine
Light, Wisdom, Power and Love, Joy, Peace and Harmony,
teach me to forgive them everything, to ask You, Lord, to forgive them, too, and to thank You, dear
Father One,
and teach me to constantly endow them with my Divine
Light, Wisdom, Power and Love, Joy, Peace and Harmony.

Lord, give me strength to work efficiently during the coming day
and to face all the events of the day with dignity and for the salvation of my soul.
Guide my will and teach me to repent,
to demand, sincerely wish and ask for help from Above,
and to thank You,
to believe, to hope, to endure, to forgive
and to love all Living beings!

And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM

Thank You, Lord, for everything from all my heart and soul!
Thank You! Thank You! Thank You!

* Family with a capital letter is a much broader concept than just relatives.

This is a community of people in whom the Living Fire is burning, with a new, higher level of consciousness, attracted to each other according to their vibrations.

And in the broadest sense – these are all Living human beings on the planet Earth.

[Explanation to the prayer](#)

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