

Spiritual practice 'Help for the planet Earth'

The planet Earth needs help and support.
Every Living man, who is in God, can give these to the planet
by sending Gratitude and Divine Love to her.

Every Living man can help
by saying with all his heart and soul the following Words
and then putting them into action in his life:

'I wish to change and I can do it!

I (the first name) demand, sincerely wish and ask
for help from Above from now on

- to allow within me and to emanate only thoughts and feelings
that give good fruit in the Light network of the planet Earth,
- to do the right deeds from the God's and Lord's perspective,
- to speak positive and truthful words,
- to ask for forgiveness, to forgive others, to ask the Lord to forgive as well and to thank
Him.'

Forgive us, dear Mother Earth, the suffering caused!

Forgive us, Lord, and help us to be sinless!

I (the first name) repent with all my heart and soul
for all the sins against the Mother Earth,

and I demand, sincerely wish and ask for forgiveness here and now,
I repent, Lord!

**(Follows a bow; while bending forward one says 'I repent, Lord!', and while straightening up
– 'I love you, Lord!')**

I repent to You, dear Mother Earth!

**(Follows a bow; while bending forward one says 'I repent, dear Mother Earth!', and while
straightening up – 'I love you, dear Mother Earth!')**
(One should take some time to repent.)

And I thank for the forgiveness and the help!

Thank you! Thank you! Thank you!

I Thank for the Grace, the care and the Love!

Thank You, dear Mother Earth,

for everything you have done, and you are doing for the Living Life!

Thank You that you exist and you are such a wonderful home for all Living Beings!

Residing in the highest feeling of Divine Love

towards God, Lord Alpha and the Father One,

I extend this feeling also to You, dear Mother Earth!

I love You, Earth!

Dear Mother Earth, I (the first name) am sending to You
my Gratitude and Divine Love.

I Bow before You, dear Mother Earth!
I Thank You for everything here and now
and I Love You with all my heart and soul! *
(One should take some time to pour his Divine Love over the Mother Earth.)

I (the first name) am sending now
my Gratitude and Divine Love towards You, Lord Alpha!
Thank You for Your Love and help
to the Mother Earth and to all Living Beings
that inhabit the planet on all the planes of Existence.
Thank You! Thank You! Thank You!
I Bow before You, Lord Alpha, dear Heavenly Father!
I Thank You for everything here and now,
and I Love You with all my heart and soul! *
(One should take some time to send his Divine Love to Lord Alpha.)

I (the first name) am sending now
my Gratitude and Divine Love towards Presence of the One.
Thank You, dear Father One –
Lord God Originator and Creator of the Heavens,
for Your help for the Mother Earth and all Living beings on it –
so that they evolve here and now and in all future times.
Thank You! Thank You! Thank You!
I Bow before You, dear Father One!
I Thank You for everything here and now,
and I Love you with all my heart and soul! *
(One should take some time to send his Divine Love to the Father One.)

And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM

* Note from Rositsa Avela: It would be good to stop the reading at this point for a while, for as long as you wish, and direct all the Divine Love that you are able to emanate at that moment respectively to our planet Earth, to Lord Alpha and to the Father One.

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