

Blessings and Words of Gratitude

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Blessings

Blessing of a parent to his children

(Blessing of the forefather to his children, grandchildren and great-grandchildren)

Beloved Pallas Athena, 19 June 2012

Lord, I (the first name)

bless my son ... (the name) and my daughter-in-law ... (the name),

and their children – my grandchildren ... (the names),

together with their husbands and wives ... (the names)

and their children – my great-grandchildren ... (the names),

and I also bless my daughter ... (the name) and my son-in-law ... (the name),

and their children – my grandchildren ... (the names),

together with their husbands and wives ... (the names)

and their children – my great-grandchildren ... (the names)

with the following Blessing:

I bless them with my motherly/ fatherly Blessing

- to progress on the Path towards the Father

- to be into the New Order of the Divine
Light,
Wisdom, Balance and Harmony,
Truth, Rightness and Good,
Faith, Hope and Love,
Joy, Peace and Freedom,
Grace, Gentleness and Kindness,
Acceptance, Honesty and Valour
- and to reside in complete Purity of all their bodies at all levels!

I bless them the Lord's Holy Will to be for them today!
I bless them to get the best
according to the Providence for them in their lives from now on!
I bless them their actions to be good-fruitful from the Divine point of view
for and into the Light network of the planet Earth!
I bless them to successfully complete the tasks of their life plan
with regards to their evolutionary development in the network of Light
and their Ministry for the benefit and Wellbeing of the Living Live!
I bless them with this blessing,
and I give them now for this blessing
my motherly/fatherly Love!

I also give to You, Lord, my Gratitude and Divine Love!
I (the first name) demand, sincerely wish and ask,
if such is Your Will, that You multiply this motherly/fatherly Blessing of mine!
And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM
Thank You, dear Father One, for the help!
Thank you! Thank you! Thank you!

Explanation to the Blessing
Blessing of a parent to his daughter
Blessing of a parent to his son

**Blessing of dangerous and difficult situations,
Beloved Pallas Athena, 10 May 2012**

I bless the following situation... (describe briefly the situation).
I bless this situation to develop and resolve
in a way which is the best possible, useful, and saving for all Living beings,
and is right from God's point of view!
Bless it, too, Lord – may it be the best according to Your Providence!
And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM
Thank You, Lord, for everything!
Thank You! Thank You! Thank You!

**Blessing for the one who needs it
Beloved Pallas Athena, 10 May 2012**

May God Bless you and give you Enlightenment!

I also Bless you to raise your consciousness!
May Divine Wisdom, Power and Love reside in you
and may you be in Joy, Peace and Harmony,
all the time and completely in Light!
And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM

Blessing during food preparation, John the Beloved, 23 December 2010

I Bless this food!
Bless it, Lord, as well!
And help Your Grace to flow into it through my hands!
And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM
Thank You, Lord, for your Grace and for the Help!
Thank You! Thank You! Thank You!

Blessing before each meal, John the Beloved, 23 December 2010

Lord, Bless this food to nourish all our bodies!
Lord, also Bless all of us: ... (the names of each person present*)
and give us Your earthly and Heavenly Good
and Divine Guidance along our Path towards You,
and give us Peace and Divine Love
between us and to You, Lord, and towards Your whole Creation,
and between us and all the Forces of Light
who give us their support!
And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM
Thank You, Lord, for your Grace and for the Help!
Thank You! Thank You! Thank You!

* The one who says the blessing says his name first, and then it would be good to say the names of everyone present at the table by starting from the man to the left of him/her, and then saying the others' names in the order they are sitting clockwise, and ending with the one on his/her right. It has been recommended from Above that such a common table be made only in the cases allowed as an exception in the 5 Rules-Guidelines on the protection of Purity.

Blessing before each meal (when a person eats alone), John the Beloved, 23 December 2010

Lord, Bless this food to nourish all my bodies!
Lord, also Bless me (the first name),
and give me Your earthly and Heavenly Good
and Divine Guidance along my Path towards You!
Lord, Bless all of us –
me (the first name) and all the Forces of Light
that are giving me their support
with Peace and Divine Love between us
and to You, Lord, and towards Your whole Creation!

And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM
Thank You, Lord, for Your Grace and for the Help!
Thank You! Thank You! Thank You!

**Blessing for transmutation of the negative karma of a member (members) of the family
(the kin)**

Lady Nada, 24 July 2014

Lord, I (the first name of the child or any other member of the family or the kin who is giving the blessing)

Bless the complete transformation into Light
of every past sin of (first names of the relatives)
that comes out for working off now, for which I thank!

And may all be according to Your Holy Will, Lord!

AMEN TAKKA DA BUDDEH OM

Thank You, Lord, for the Grace to my family (kin)!

Thank You! Thank You! Thank You!

**Blessing for protection from the forces of the illusion
(which anyone can use to bless himself)***

Presence of the One, 24 September 2014

I (the first name) bless myself:

- to be fully successful in my work today,
my work to be assisted and supported by the Forces of Light
and entirely good-fruitful in the network of Light,
and to create Divine patterns everywhere!
- My protection from the forces of illusion to be the best and perfect
without allowing them any access
to me and my consciousness at all levels,
to my thoughts and feelings, words and deeds
and to all my bodies!

All that is negative and illusory to run away from me
and from the Fire of the Light that strongly jets from me
throughout all the minutes, hours and days!

- To remain constantly in the Divine:
Light, Wisdom, Strength and Love, Joy, Peace and Harmony,
and to thank the Father
for everything that happens whenever and wherever!

And may all be according to Your Holy Will, Lord!

AMEN TAKKA DA BUDDEH OM

Thank You, Presence of the One Lord God Originator and Creator of the Heavens,
for this Blessing and for the help!

Thank you! Thank you! Thank you!

* With this blessing we could also bless someone else who needs help and requests it, as well as bless several people simultaneously, when we say their names at the beginning and use the words of the blessing accordingly, for instance instead of 'my work' to say 'your work' (if the person that we are blessing is in front of us) or 'our work', 'their work' respectively.

**Blessing for ending with difficulties and Transfiguration of one's life to Good
Lord Sanat Kumara, 3 June 2015**

I (the name) Bless myself
all illusory manifestations toward me and my work,
all countermeasures,
all burden, hardship and deprivation to remain in the past,
and all of them to be terminated immediately, here and now, and in future times!

And I Bless myself to do all my good deeds
being in the Divine Light, Wisdom, Power and Love, Joy, Peace and Harmony,
in prosperity, more and more easily,
and my work to be of extremely high quality, good-fruitful and successful
from the Fathers' point of view!

And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM
Thank You, Lord, for this blessing and for the help!
Thank You! Thank You! Thank You!

Words of Gratitude

Words of Gratitude to Saint Archangel Michael and the Angels of Protection

Saint Archangel Michael, thank You for the help
which is given to everybody who invokes You,
needs protection and it can be given to him!

I also thank all the Angels
that you are leading for the help, the support,
the protection and the defence which you have given to us!

Thank You! Thank You! Thank You!
Now, always and forever
may you be blessed by the Father if such is His Holy Will!

And may all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM

Rositsa Avela, 8 November 2013



**Presence of the One
4 June 2015**

My dear children who are channelling the Divine Light,

- rejoice with all your heart and soul,
- be in Joy and
- thank in the way I AM instructing you at this moment*

so that you are well now, forever and ever!

AMEN TAKKA DA BUDDEH OM

I AM Presence of the One have said so.

*** Words of Gratitude for Wellbeing**

Thank You, Dear Father One,

Thank You, dear Heavenly Father – Lord Alpha,

Thank You, my dear Higher I AM Presence,

Thank You with all my heart and soul

for all the Good from the point of view of the Father One

that has come, that is coming here and now, and that lies ahead!

Thank You! Thank You! Thank You!

**Words of Gratitude to Presence of the Father One
for multiplication of the Divine Force and Power,
Presence of the One, 4 March 2016**

Thank You, Lord, dear Father One, for the help!
This* is an illusion and it nourishes me with its energy.
Thank You, dear Father One,
that this harmful energy placed into my lower bodies
by the forces of darkness, by whichever evil forces,
is transformed by Your Mercy here and now in plentiful Light
and fills me with the Strength and Power of God!
Thank You! Thank You! Thank You!
May all be according to Your Holy Will, Lord!
AMEN TAKKA DA BUDDEH OM

* Everyone says exactly what kind of illusory state influences him at the moment, for example:
This irritability / indecision / greed / jealousy / drowsiness / weakness / sarcasm ...
This fear / anger / laziness ...
This disillusionment / doubt / hesitation ...

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